

WHAT TO DO IF YOU LOSE A TOOTH!

Emergency Steps

Recover it immediately – do not leave it where the accident took place. Pick up the tooth from the crown (the end we chew with), never from the root. Handle it carefully, just from the crown, to minimise any root damage.

If the tooth is dirty, rinse only with water and hold it from the crown.

- Do not use soap or any chemicals
- Do not brush or rub it
- Do not dry it
- Do not keep it in paper or cloth



CORAL DENTAL
CENTER



Go immediately to the nearest dentist. It's best not to leave it more than 30 minutes, even though, the tooth can survive outside of the mouth for as long as an hour.

If possible, position the tooth in its place immediately. The sooner the better, so it will have more possibilities of recovering and survival.

To replace the tooth, place it in the gap using your fingers as the image shows. Keep the tooth in its position, closing the mouth slowly, and pressing gently with the fingers.



If the tooth cannot be positioned straight away, keep it in liquid (never leave it to dry) and use the following:

- Milk (as the image shows)
- Water with some salt

If any of those are not available, keep it inside your mouth between the gum and the cheek.

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